

# Junior Tennis Camps

## WEEKLY SESSIONS

June 27 - August 19

- Future Stars Camp for players ages 5-10
- Middle School & High School Camp for players ages 11-18
- Tournament Competition Camp for players ages 11-18
- No camp on July 4

## LESSON & CAMP POLICIES

- Advance registration required
- In order to secure a spot in class/camp—we request that you register by 5:00 PM on Sunday the week of the lesson or camp
- Minimum of three players enrolled by Sunday at 5:00 PM for the class/camp to be held that week
- Drop-ins are accepted on a space available basis at a drop-in rate
- We are unable to provide refunds for missed classes

## ■ FUTURE STARS CAMP

AGES 5 - 10

Three different ball types and court sizes are utilized to help young players succeed at an earlier age. The focus is on hand-eye coordination, basic technique and movement with an emphasis on fun. As students work their way through the Future Stars Program, they prepare for match play while developing an enjoyment of tennis.

## Future Stars 1

The red ball and 36-foot court from the QuickStart 10 & Under curriculum allow the youngest students to progress into cooperative partner drills and rallying earlier and with more success. The camp's focus is on hand-eye coordination and movement, along with development of basic groundstroke and volley technique. As the students' skills progress, introduction to basic point play and scoring is incorporated.

Monday - Thursday 3:00 - 4:00 PM

*Fee: \$80 member | \$100 non-member*

## Future Stars 2

The orange ball and 60-foot court from the QuickStart 10 & Under curriculum are utilized. As the court gets larger, there is an increased focus on stroke development and proper footwork. Students are introduced to the overhead serve, basic match play and scoring. Time is spent improving court positioning skills in fun, competitive point play formats.

Monday - Thursday 11:00 AM - 12:30 PM

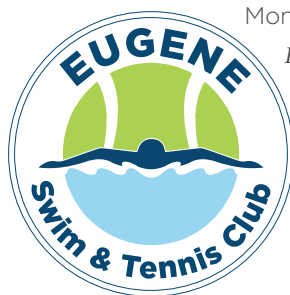
*Fee: \$120 member | \$150 non-member*

## Future Stars 3

A combination of the orange and green dot balls from the QuickStart 10 & Under curriculum are used. More advanced stroke technique and footwork are emphasized. Point play-based drills develop an understanding of positioning and basic strategy with the goal of preparing students for tournament match play.

Monday - Thursday 11:00 AM - 12:30 PM

*Fee: \$120 member | \$150 non-member*



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## ■ MIDDLE SCHOOL & HIGH SCHOOL CAMP

AGES 11 - 18

Middle School & High School Camp is for players with little prior instruction who want to learn the fundamentals and enjoy playing tennis. The curriculum includes learning proper grips, stroke technique, footwork, movement and positioning. Students have significant exposure to basic point play and an introduction to match scoring.

Monday - Thursday 3:00 - 4:30 PM

*Fee: \$120 member | \$150 non-member*

## ■ TOURNAMENT COMPETITION CAMP

AGES 11 - 18

Tournament Competition Camp is for junior players with a moderate to high level of experience for their age. These students are dedicated to improving their game and becoming better tournament players. There is a focus on developing technique, footwork, movement and positioning, together with improving strategy, shot selection and point construction.

## Tournament Competition 1

This camp focuses on stroke development and positioning. Students learn to improve topspin on their groundstrokes, to properly use a slice and to add spin to their serves. There is also a focus on recovery between shots and proper positioning for most situations.

Monday - Thursday 1:00 - 3:00 PM

*Fee: \$160 member*

*Instructor approval required*

## Tournament Competition 2

A significant amount of time is spent applying the lessons of TC 1 camp in point play drills with emphasis on advanced footwork and movement. Students learn to move more efficiently around the court, as well as the proper pre-stroke footwork sequence and balance. Match play strategy, in both singles and doubles, is another focus.

Monday - Thursday 1:00 - 3:00 PM

*Fee: \$160 member*

*Instructor approval required*

